



Est. 1967

Shri Balaji Sansthan, Deulgaon Raja's

## SHRI VYANKATESH ARTS, COMMERCE & SCIENCE COLLEGE

DEULGAON RAJA, DIST. BULDANA (M.S.) - 443 204  
(Affiliated to Sant Gadge Baba Amravati University, Amravati)



# SELF STUDY REPORT

## Criteria-V Student Support and Progression

### 5.1 Students Support

#### 5.1.2 QnM

*capacity development and skills enhancement activities are organised for improving students' capability*

1. Soft skills
2. Language and communication skills
3. Life skills (Yoga, physical fitness, health and hygiene, self-employment and entrepreneurial skills)
4. Awareness of trends in technology

**Year: 2018-19 to 2022-23**



Shri Balaji Sansthan Deulgaon Raja's

## SHRI VYANKATESH ARTS, COMMERCE & SCIENCE COLLEGE

Deulgaon Raja - 443 204, Dist. Buldana (M.S.)

NAAC RE-ACCREDITED AT 'B' LEVEL

▲ Affiliated to SGBAU, Amravati ▲ College Code No. 309 ▲ UGC Recog. U/S 2 (F) & 12 (B)

Outward No. SVC / IQAC / 2024

Date: 02/05/2024

### Declaration

This is to declare that the supporting documents provided in this file, including information, reports, numerical data, true copies, etc., have been verified by the Internal Quality Assurance Cell and the Head of the Institution. It is confirmed to be accurate and authentic.

Dr. E. B. Bhalerao

Coordinator, IQAC  
Shri Vyankatesh Arts, Commerce &  
Science College, Deulgaon Raja  
Dist. Buldhana-443204 (MS)

Dr. D. V. Gore



PRINCIPAL  
Shri Vyankatesh Arts, Comm. &  
Science College, Deulgaon Raja  
Dist. Buldana Pin - 443 204

**Index**

Sr. No.	Content	Page No.
1	Health Awareness Programme 2018-19	1-43
2	Health Awareness Programme 2019-20	44-61
3	Developing English Language Skills 2020-21	62-73

**SHRI VYANKATESH ARTS, COMMERCE & SCIENCE COLLEGE**

**DEULGAON RAJA, DIST. BULDANA**



# **HEALTH AWARENESS PROGRAMME**



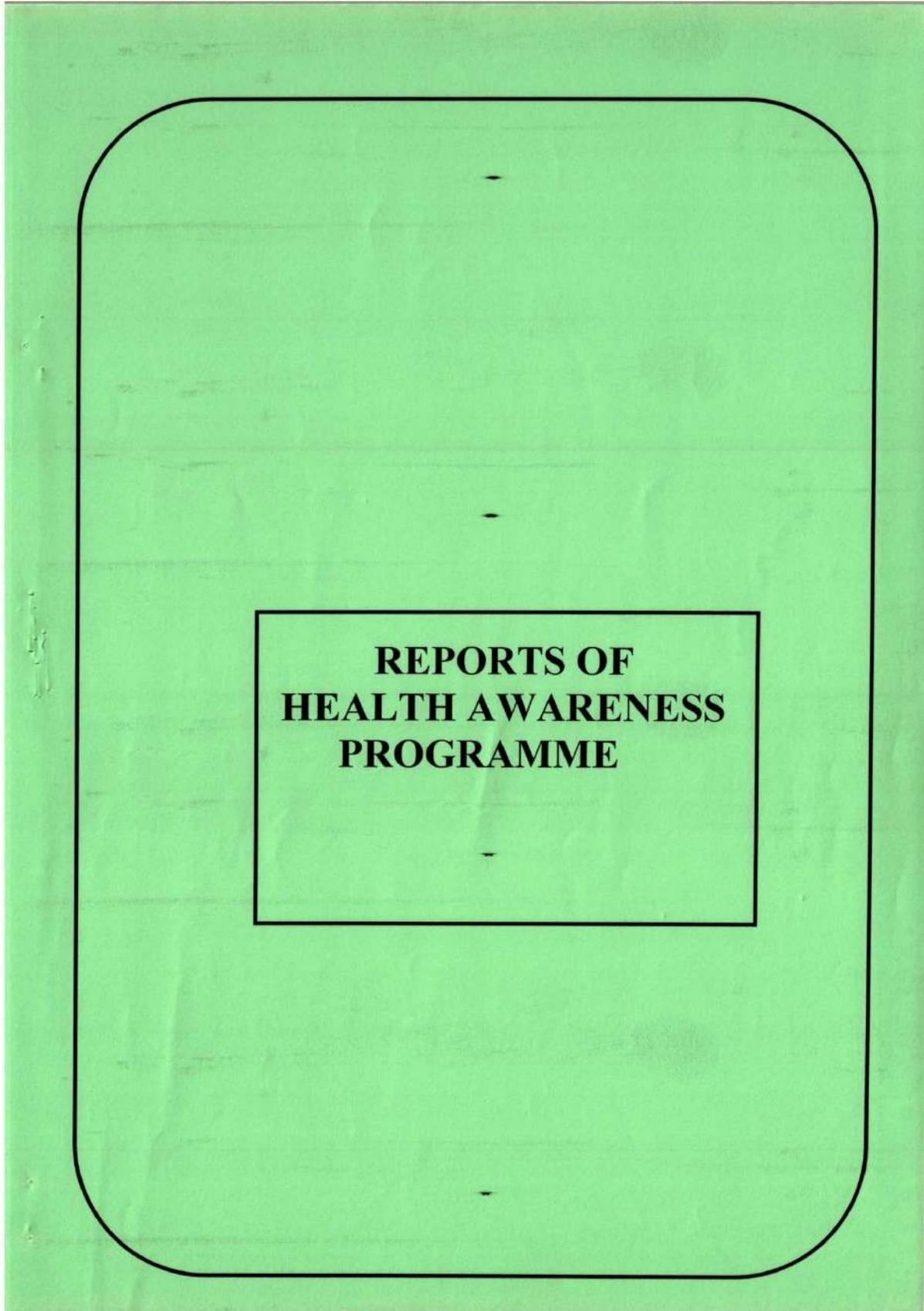
**2018-19**



INDEX

Sr. No.	Title	Page No.
01	Report of Health Awareness Programme	
02	Photograph of various events	
03	Newspaper clips	
04	Annual Health Checkup report.	
05	Physical efficiency Teast.	





## Health Awareness Programme

### REPORT 18-19

Shri Vyankatesh Arts, Commerce & Science College, Deulgaon Raja Has been continuously delivering the knowledge with the vow ' **Shabde Watu Dhan Jan Loka**' science 49 years. Many students who have received education in this college have been carrying out their responsibilities in well manner.

The College is always aware or health & Physical education of the students and organizes various health camps not only for the students but also for the people around the following health camps are arranged by the college.

- **International Yoga Day (21 June 2018)**

Yoga gained place at the international level with the initiative of Prime Minister Narendra Modi. Yoga day was celebrated internationally for the first time on June 21, 2015. Even in the college every year, International Yoga Day is celebrated since 2015. This year also the International Yoga Day was celebrated at the college. Yoga camp was organized at the college auditorium. Yoga camp was organized by Sports Department, N.C.C. Department and NSS Dept. Mr. Tayade guided in this yoga camp. Mr. Tayade is a yoga teacher of Shree Shivaji High School, Deulgaon Raja. All the teachers, office staff and students were present along with the respected Principal Dr. G.B. Jadhav in this camp. Shri Tayade has informed about various Asanas and demonstrated this time. On this occasion, the respected Principal gave importance to Yogasana. Dr. A.M. Awati expressed the intention of organizing this camp. At the end of the camp, Mogarkar thanked the participants.

- **Blood Donation Camp on occasion of death anniversary of Late Raje Rajendrasingh Jadhao:**

Every year blood donation camps are organized in the college for the death anniversary of the founder president of the college Late Rajendra Singh Jadhav. This year also will be blood donation camp was organized on 30 Aug 2018. There was a team of Lokmanya blood bank in Jalna for blood collection. At this time, blood was donated by 100 students, including National Service Scheme and NCC cadets of the college. In the beginning of the blood donation camp, the image of the late Raje Rajendrasingh Jadhav was worshiped. After this, Prof. Kale told the purpose of blood donation camp. Honorable Principal Jadhav said that blood donation camp is organized every year since the year 2004 in the college. Finally, Dr. Bansile thanked the donor, students and teachers present in the camp.

- **Organization of Cyclothon Race : (December 2, 2018)**

The competition was organized in collaboration with Shri Venkatesh College, Deulgaon Raja, Param Coaching Classes and Janhavi Junior College, Dusarbid. The race took place on December 2, 2018. The race started from the temple of Saint Gajanan Maharaj near Chikhali Bypass. The distance of the race was fixed at 21 km. In this race, around 250 participants from entire Maharashtra participated. This race was held in two phases. The first phase was taken from the men's group. And the second phase was taken by women. This race was inaugurated by MLA Shashikant Khedekar. City Council President, Mrs. Sunita Shinde, Principal of the College Honorable Principal Dr. G.B. Jadhav, Director of Param Classes Mr. Jayant Deshmukh were present. Women's participation in this race was remarkable. In this race, Govind Patil of Satara won the first position. The second and third grades respectively



were also received by Satara's Ashish Patil and Sunil Taur. In the women's race, the first two girls of Amravati have won. After the race, the prize distribution ceremony was held soon on

- **Study Skills And Stress Management : (27/12/2018)**

Students of the college will have to face the annual examinations soon, according to the recommendation of the Honorable Principal Dr. G.B. Jadhav, one day workshop will be organized on the subject of stress management in the college. For this workshop, decided to take the guidance of psychiatrist Dr. Prakash Ambekar of Manas Hospital Jalna. The workshop was conducted on 27th December 2018. In this workshop, psychologists have described the reasons for the stress, and the solutions are described in detail. Students should study how to study, what to do, and what to do. Details of this. The workshop was attended by Head of Department Department of Political Science, Dr. Anant Aawati. At this time, psychiatrist Prakash Ambekar gave answers to the students' questions.

- **The yoga camp was organized for junior college (16 Jan.2019)**

Under the guidance of the Honorable Principal, for students of junior college decided to get one day yoga training workshop. The training camp was conducted on 16 January 2019. Almost all junior college students were present in this camp. The workshop was conducted by the Department of Physical Education. In this camp, the Director of Physical Education, Dr. Mogarkar has performed various asanas.

- **Yoga camp was organized for college students: (22/01/2019)**

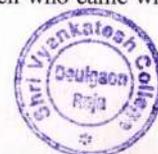
Respected Principal suggested that one day yoga and pranayamas workshops should be conducted for students, teachers and non-teaching staff in the college. Accordingly, one day workshop on yoga and pranayama were organized by the Physical Education Department. The workshop was organized on January 22, 2017 This workshop was conducted under the guidance of Yoga guru Shri. Kishenji Daga, Patanjali Yoga Committee, Jalna, The workshop was inaugurated by the Honorable Principal Dr. G.B. Jadhav. On this occasion, Professor Dr. G.B. Darade of Bhagwan Baba College, Sindhkhed Raja was present. After the reception of the chief guests, Yoga and Pranayama began. Mr. Kishanji Daga informed about various asanas including Yoga demonstration. Shri Daga performed demonstration of yoga and pranayama from all of them. The purpose of this workshop was to make the announcement, Prof. Kanawate has thanked the audience.

- **The Health Check up camp was organized for college students : (28-30/01/2019)**

Each year, a health check-up camp is organized in the college by Department of Physical Education. In this health camp, the health of every student is checked. Dr. Ashok Kabara can carry out the health checks of male students. Medical examination of female students, Dr. Aruna Kabra doing the women's health check-up. During health checkup, the doctor asks the students about the health problem. If there are problems, doctors can treat it or provide medical advice. The medical forms of each student are filled. Each application is maintained for three years. After all the students have been given health check-up, the doctor submits the medical examination report to the respected principals.

- **The Cancer Awareness Program : (04/02/2019)**

On 4 Feb. World Cancer Day is celebrated. World Cancer Day was celebrated in our College. The chief guest of this event, a cancer-grapist Dr. Sawaji, Amravati was present. The patients who had overcome cancer had come along with them. In this program Dr. Savji gave detailed information about the causes of cancer and its effect. Women who came with



Dr. Sawaji gave information about breast cancer. This woman had breast cancer 5 years ago. She gave inspirational information about how she fought with cancer. The second cancer patient was accompanied by Dr. Savji. He had cancer of the mouth. He successfully encountered cancerous disease. He said that cancer of the mouth caused excessive use of tobacco. His mouth cancer was now completely gone. But not all of the cancer can be cured. He conveyed the message of college students not to eat tobacco. Finally, the English department chief, Chavan made the presidential speech.

- **Healthy Food For Healthy Mood : (16 Feb. 2019)**

Hon. Principal Dr. G.B. Jadhav, decided to take a workshop on balanced diet for college students. Accordingly, a one-day workshop was organized by Department of Physical Education. Dr. Sonali Jethliya, Jalna she was the main guide to this workshop. Dr. Sau. Jethliya guided the students through PPT. The reason for all the diseases is that they are negligent about our diet. If we do not always observe eating times, the illness increases. Therefore, we must observe the dinner regularly. To avoid eating too much sweet, sour, chilly and cold water, diet should be avoided. Diet should be used in rice, vitamins, carbohydrate, mineral and fat, etc. Strictly avoid eating saucy foods. Junk Food is very dangerous for the body.

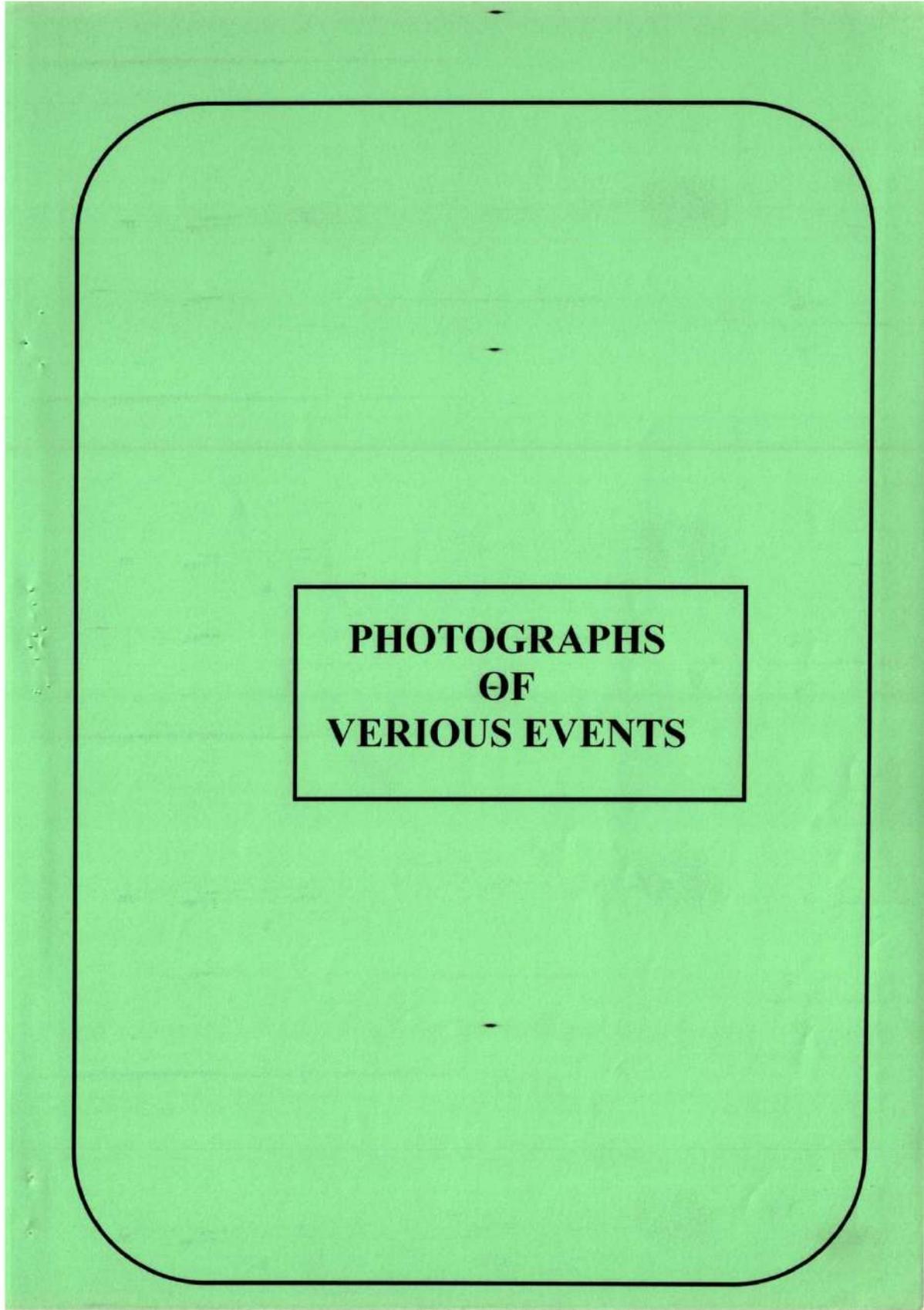
Hon. Principal started speaking in real sense after asking 'what I would eat and how much eat' in his presidential address. Convinced the users of healthful substances are dangerous. He said that we should avoid eating unhygienic foods. Finally, Prof. Salve sir thanked.

- **Organizing psychometric Test : (Feb.- March)**

Various events are organized throughout the year in the regular guidance of the respected principal Dr. G.B. Jadhav. Feb. to May it is examination period. Students are constantly studying. Therefore, the mind of the students constantly strains. If the subject is difficult to understand, then the stress is more. Measuring this attitude of students is a must. Therefore, a psychometric test was organized in the college. For this test, the final year students have been selected for a sample for studying. A questionnaire was prepared for this test. The questionnaire included 12 multiple choice questions. The questionnaire was prepared under the guidance of psychiatrist Dr. Prakash Ambekar. This questionnaire was solved by 80% of final year students. Facts obtained through the questionnaire were analyzed.

\$\$\$ \$\$\$ \$\$\$







Mr. Tayede demonstrating yoga to students on the occasion of International Yoga Day.



Students and Teachers present at the Yoga Camp held on the occasion of International Yoga Day.





Guest Dr. Bhagwan Kharat Dr. Ramdas Shinde and Respected Principal Dr. Gajanan Jadhav on the occasion of Cyclothon race organized by Shri Vyankatesh College, Deulgaon Raja and Param Classes. D. Raja.



Chief guest MLA Dr. Shashikant Khedekar and along with the respected Principal Dr. G. B. Jadhav guiding the contestants on the occasion of Cyclothon competition.





In the event of the opening ceremony of the Cyclothon event, chief guest MLA Dr. Khedekar, guest Sau. Sunita Shinde, Dr. Ramdas Shinde and Hon. Principal Dr. G.B. Jadhav.



Dr. R.S. Shinde and Hon. Prin. Dr. G.B. Jadhav participated in the Cyclothon.





Staff member of Shri Vyankatesh College participated in Cyclothon.



Chief guest MLA Dr. Shahikant Khedekar and other dignitaries showing green signal for girls Cyclothon.





Cyclist Snapshot while the competition is going on.



Cyclist Snapshot while the competition is going on.





Cyclist Snapshot while the competition is going on.



Audience encouraging the participants in the Cyclothon competition.





Officer to monitoring the race, for deciding to winner and runners-up in Cyclothon



Competitors completing race successfully.





Guests present on the stage during the prize distribution program.



Winners of Cyclothon along with the chief guest.





Psychiatrists Dr. Prakash Ambekar guiding the students about stress management during the exam.



Students and college staff present during the workshop of Psychiatrists

Dr. Prakash Ambekar on stress management.





Dr. A.M. Awati expressing his thoughts in the stress management program, along with psychiatrist Dr. Prakash Ambekar, Dr. Kingre, Dr. Mogarkar and Prof. M.B. Jadhav.



During the special camp of the NSS, Dr. Mogarkar guiding to the students about Yoga and Pranayama.





Honorable Principal Dr. G.B. Jadhav inaugurated the yoga and pranayama camp held for junior college students along with Prof. Dr. A. M. Awati and prof. Sau. Manjusha Muley.

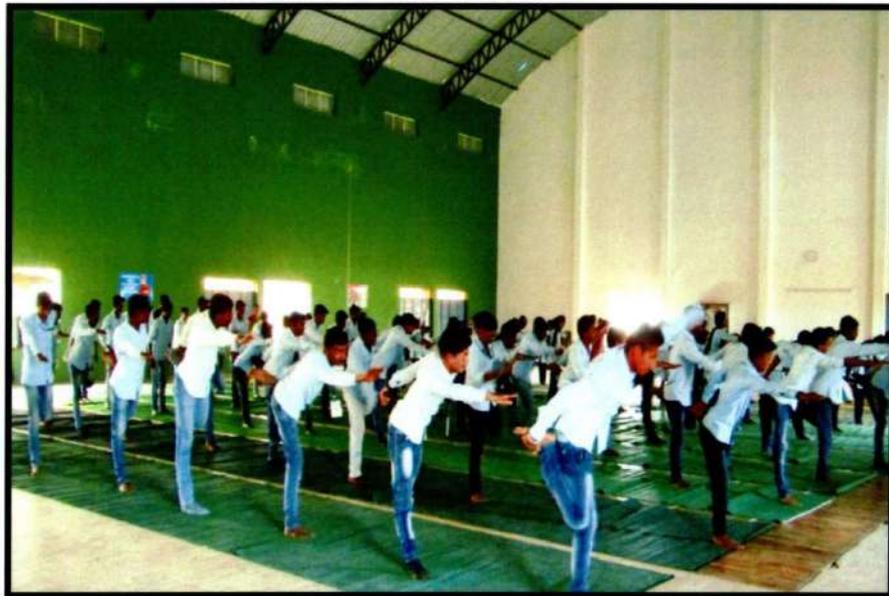


On the occasion of the yoga and pranayamas camp, Prof. A.M. Aawati welcomes respected Principal Dr. G.B.Jadhav.





Junior college students doing yoga and pranayama during one day Yoga and Prnayam Camp.



Junior college students doing yoga and pranayama during one day Yoga and Prnayam Camp.





Junior college students doing yoga and pranayama during one day Yoga and Prnyam Camp..

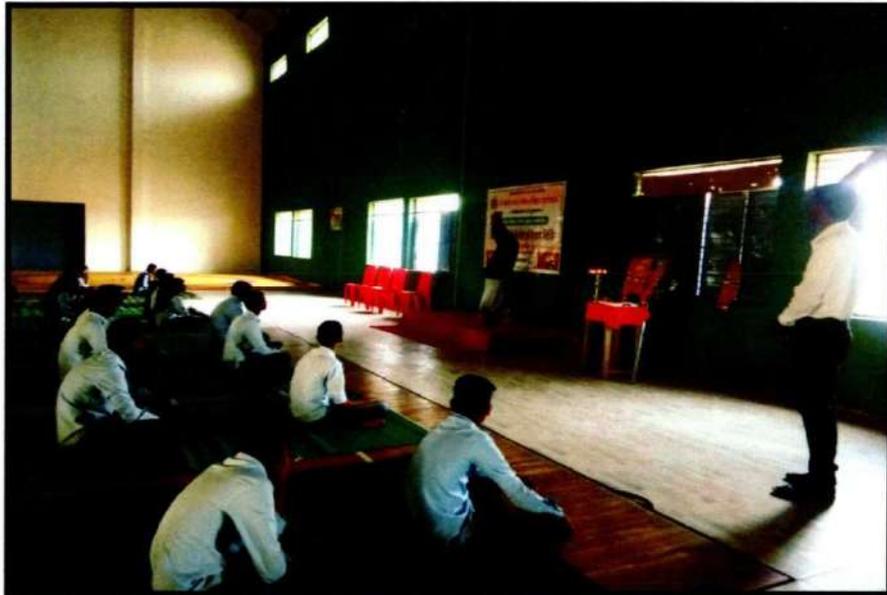


Dr. Mogarkar Explaining the importance and significance of yoga and pranayama to students.





Junior college students doing yoga and pranayama during one day Yoga and Prnayam Camp.



Dr. Mogarkar demonstrating the yoga shirshasana to the students.





Junior college students doing pranayama during one day Yoga and Prnayam Camp.



Junior college students doing pranayama during one day Yoga and Prnayam Camp.





Yog guru Shri. Kishanji Daga of Patanjali Yog Samiti Jalna inaugurating the yoga and pranayama camp organized for the students and College staff.

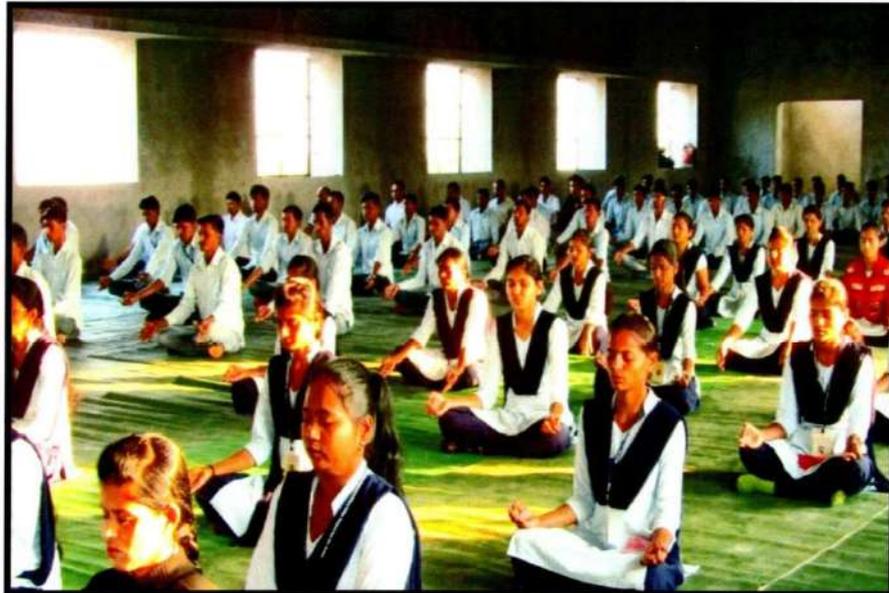


Hon. Prin. Dr. G. B. Jadhav lighting the lamp on the occasion of yoga and pranayama camp organized by department of Physical education.



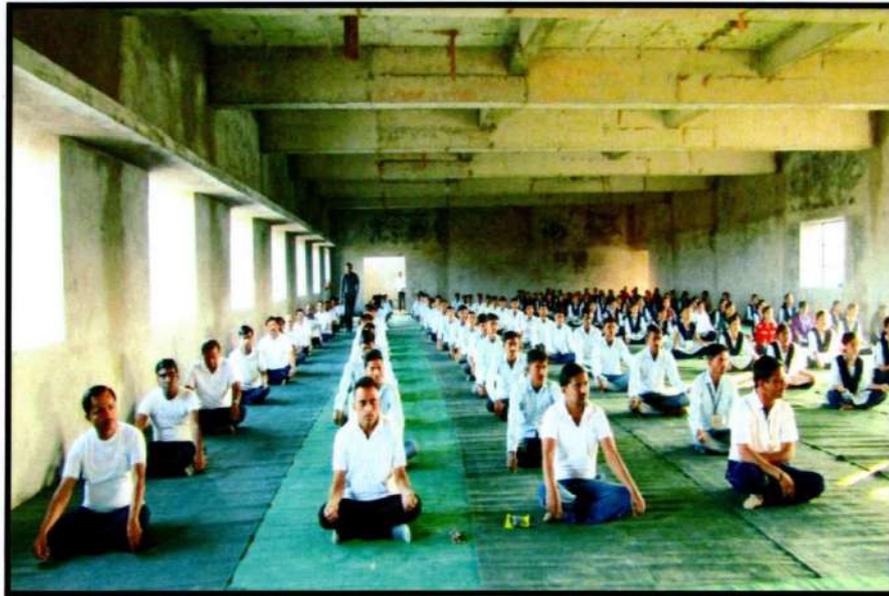


Yog guru Shri Kishanji Daga demonstrating about the Dhyana dharna.



Students doing yoga in yoga and pranayama camp organized by department of Physical education.



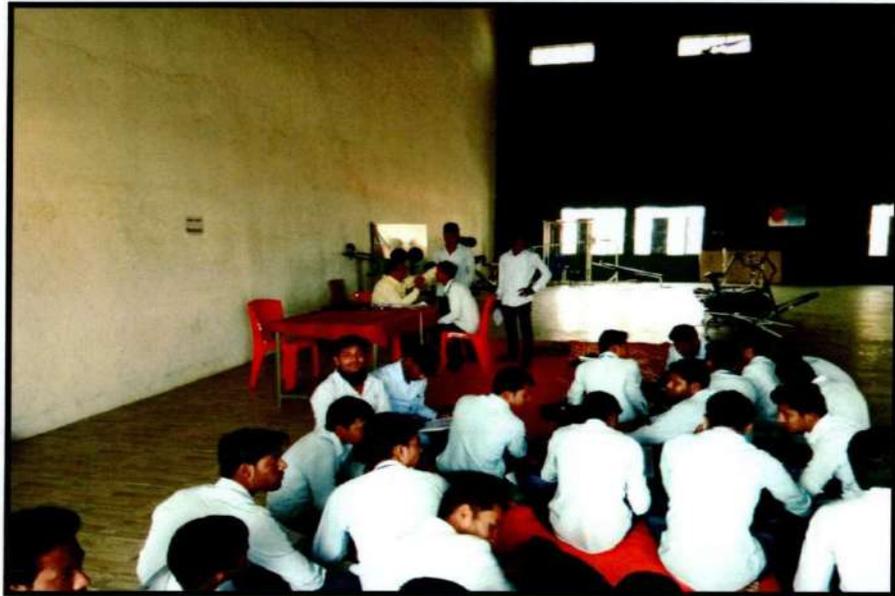


Hon. Prin. Dr. G.B. Jadhav, college staff and Student, while doing yoga in yoga and pranayama camp organized by department of Physical education..



Students doing yoga in yoga and pranayama camp organized by department of Physical education.



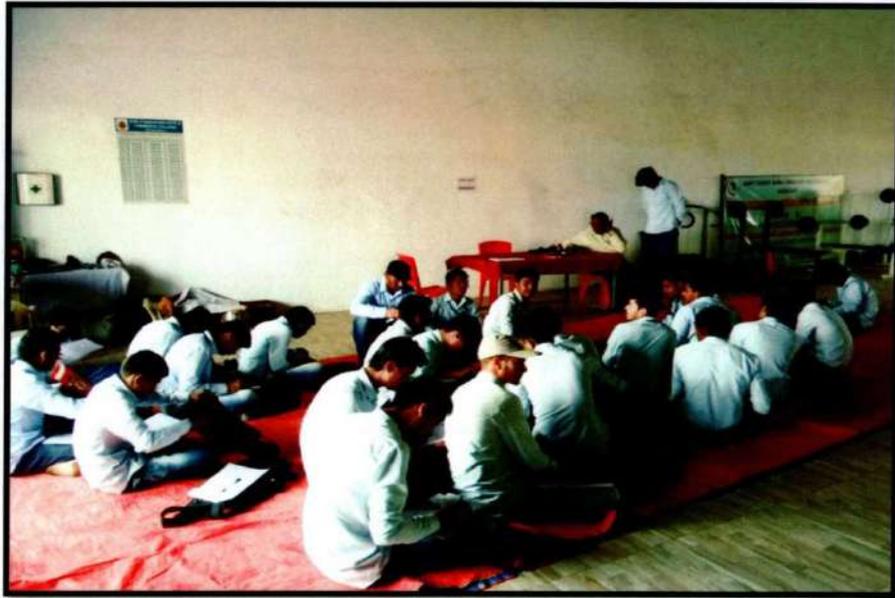


During annual medical check-up, Dr. Kabra examining the college students.



During a medical check-up, the students giving the information about the health issues to Dr. Kabra.





Students present for medical examination organized by Physical Education Department



Students present for medical examination organized by Physical Education Department





Dr. Aruna Kabra doing medical check-up of Girls students in the College.



Girls' students and lady teachers of college giving information about their health issues to Dr. Aruna Kabra.





Doctor Sawji guiding about the types of cancer and precautions to prevent it.



A Cancer patient sharing his experience about effects of cancer and treatment.





Dr. sawaji and other dignitaries present during the cancer awareness program.



Students presenting a song about cancer awareness during Cancer awareness programme.





Dr. Jahangirdar, guiding the students about the cause of cancer and its adverse effects on the body.



Students and college staff present during the Cancer awareness program.





A Cancer patient sharing his experience about effects of cancer and treatment.



Dr. Chavan, HOD of the English Department, giving presidential speech on the occasion of cancer awareness programme.





Dr. Sonali Jethaliya Dietist lighting the lamp on the occasion of 'Healthy Food for Healthy Mood' programme.



Prof. Dr. Sau. Telgad madam welcomes Dietist Dr. Sonali Jethaliya.





Dr. Ashok Kabra told the importance of eye donation among the students.



Hon. Prin. Dr. Gajanan Jadhav delivering presidential speech on the occasion of 'Healthy Food for Healthy Mood' programme.



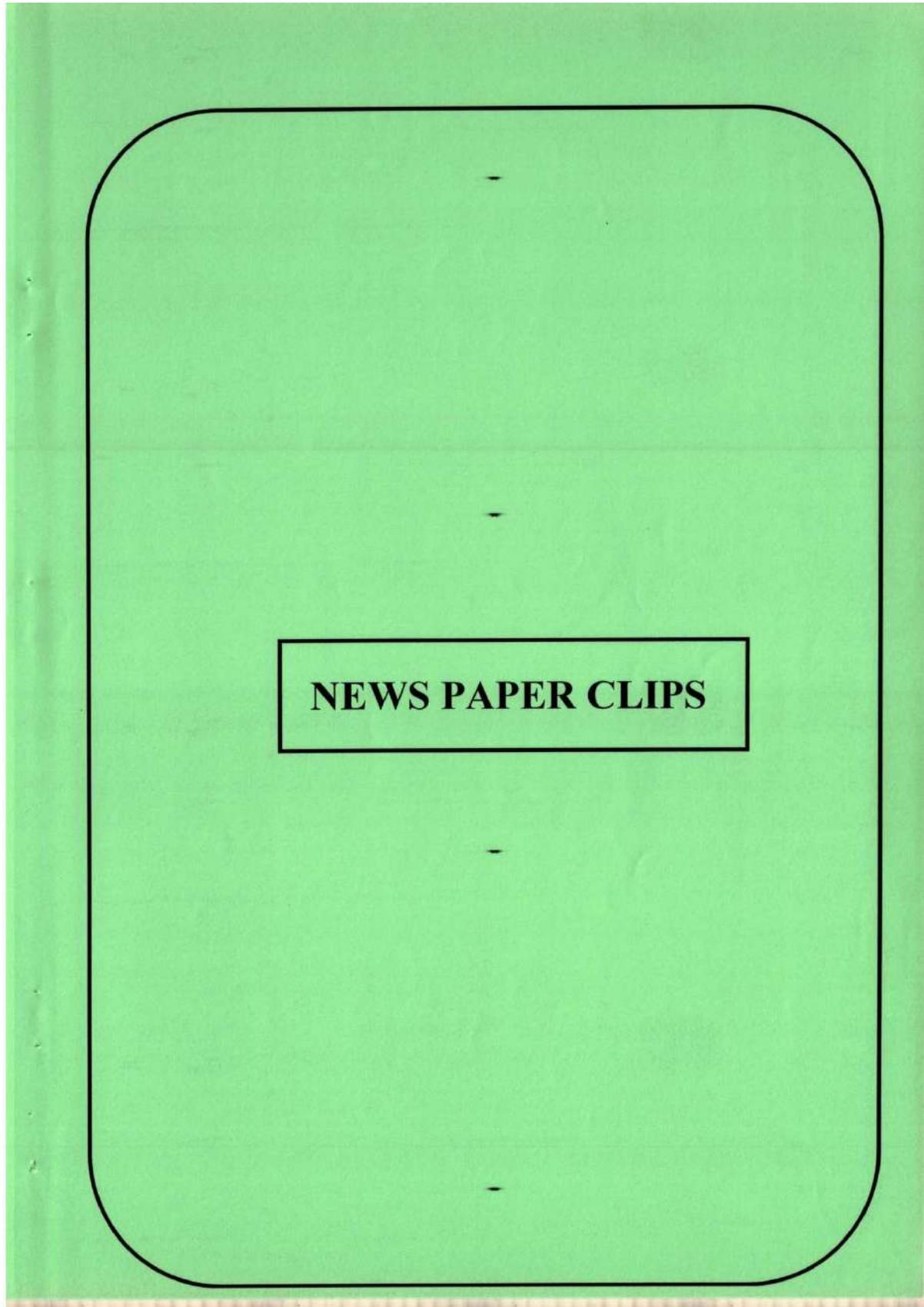


Dr. Aruna Kabra doing medical check-up of Girls students in the College.



Girls' students and lady teachers of college giving information about their health issues to Dr. Aruna Kabra.





# पुण्य नगरी

शुक्रवार २५ जानेवारी २०१४

## योग व प्राणायाम म्हणजे सुदृढ आरोग्याचा मूलमंत्र : डागा

देऊळगाव राजा  
दि. २४ (प्रतिनिधी)

सध्याचे युग हे धावपळीचे असून कामाच्या व्यापात आपले आरोग्याकडे दुर्लक्ष होते. वेळ काढून आरोग्याची काळजी घेणे गरजेचे आहे त्यासाठी योग व प्राणायाम करावा, कारण योग व प्राणायाम सुदृढ आरोग्याचा मूलमंत्र मानला जातो असे प्रतिपादन, जालना येथील पतंजली योग समिती व योग भूमी चे योगगुरू किशन डागा यांनी केले.

श्री व्यंकटेश महाविद्यालयात आयोजित योग व प्राणायाम एकदिवसीय शिबिरामध्ये ते



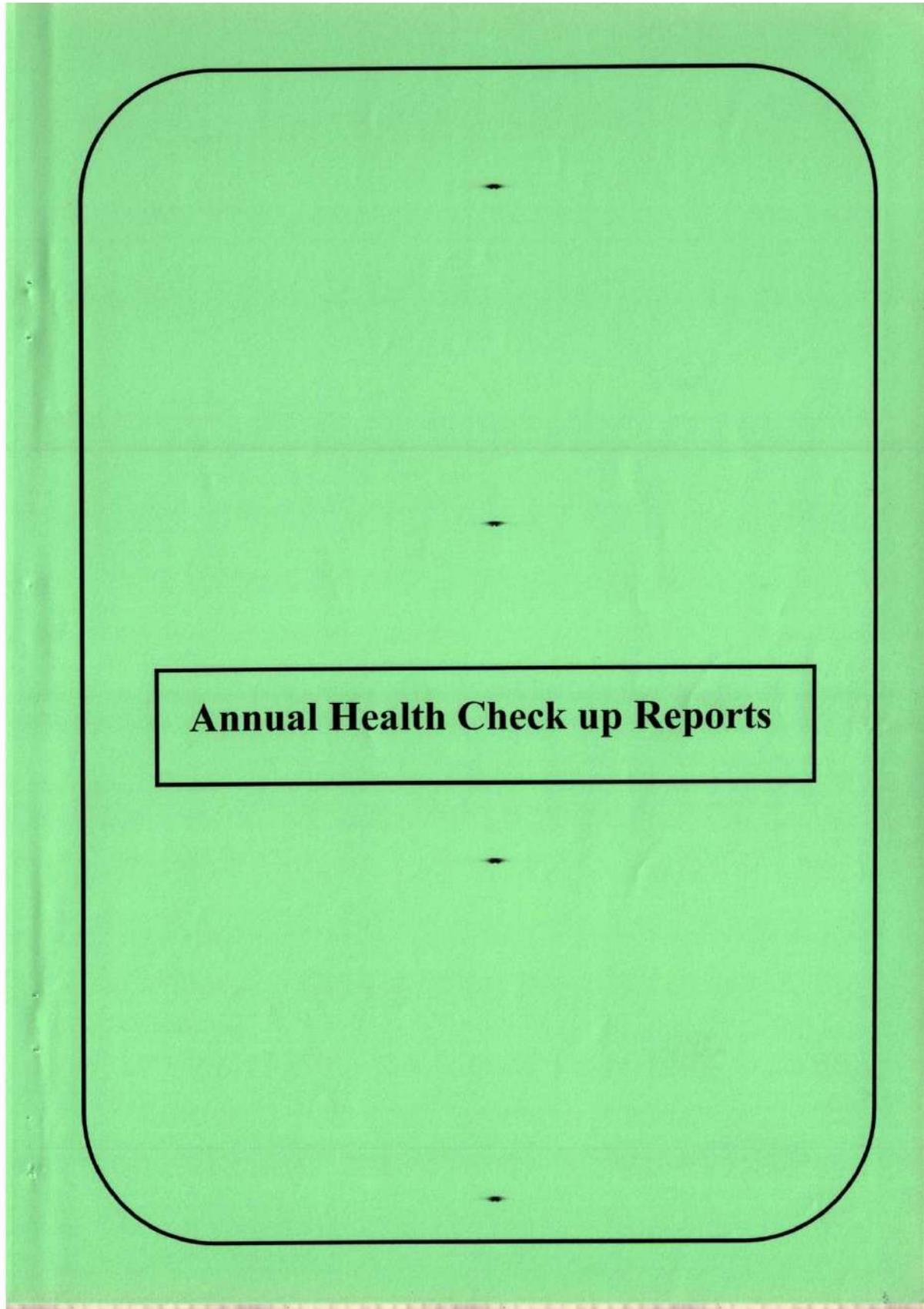
मार्गदर्शक म्हणून बोलत होते. अध्यक्ष म्हणून प्राचार्य डॉ. गजानन जाधव अतिथी डॉ. गणेश दराडे, डॉ. वाघ, घडसिंग उपस्थित होते. डागा यांनी विविध योगासनांची प्रात्यक्षिके करून दाखविली.

प्राचार्य डॉ. जाधव यांनी, योग शिक्षण ही भारताने जगाला

दिलेली देणगी आहे हे आपण विसरलो आहोत, अशी खंत व्यक्त केली.

दररोज योगासने करून आपली प्रकृती उत्तम ठेवावी असे आवाहन केले. सूत्रसंचालन प्रा. मधुकर जाधव, प्रास्ताविक डॉ. किरण मोगरकर, आभार प्रा. अरविंद कानावाटे यांनी केले.





संत गाडगे बाबा अमरावती विद्यापीठ, अमरावती.

ST/GAD/623/or-45/97/1th  
Form No. 24

वैद्यकीय तपासणीचा अहवाल वर्ष २० -२०  
महाविद्यालय श्री. ज्योत्सना कुल, दादर, व. वि. वि. म. अ. वि. वि. वैद्यकीय अधिकारी डॉ. अशोक काबरा  
तपासणी दिनांक पासून ते वर्ष  
पदावरील विद्यार्थीनी 529 तपासलेले विद्यार्थी 496 गैरहजर 33  
दिप्पणी

विद्यार्थी अधिकारित	शाखावरील मांसाहारी	मिथी	
१) कातडीचे रोग :	शित्नी 10 मुकुन 10	एक्झिमा नायटे	कोट खरज कुठरोग इतर
२) रंतविकार :	दातावरील दुवा अस्वच्छ 3	दातातुन पु येणे चडलेले	कुजलेले हिरड्याचे रोग इतर
३) घसा व घशातील गाठी :	वाढलेल्या / खराब / गाठ / गरसावाह		घसाचे विकार इतर
४) नाक :	हाड वाढलेले (थाकडा पडदा)	नेहमी सर्दी पडते होणे 6	सायनोसासायटीस इतर
५) दृष्टिकोण :	सुकीचा बन्ना	बन्ना पाहिले	सुप्या इतर
६) कान :	सदोष एवू येणे	पडदा कुटणे	मळ इतर
७) कळीज हृदय :	छाती धडपडणे 2		अनियमितपणा स्वतःदाव इतर
८) फुफ्फुसे :	(फुफ्फुससारंगादाह)		दमा क्षय इतर
९) जीम व पचनक्रिया :	अग्निमात्रा 10	हागवण सकृत	व प्लीहा याचे विकार इतर
१०) जननेंद्रिय व इतर :	स्वच्छतेबद्दल निषकाळजीपणा 12	गात्री पारना	सूक्ष्मशोथ अंतर्गळ सुगंधी इतर
११) कर्ज्यासंबंधे विकार :	केपरे	अपस्मार	उन्माददायू व इतर
१२) सांघे, हाडे :-	संदोष बसणे	व	जन्मतः दोष असणे कमताकद संधीवाल भार लागणे इतर
१३) लसिका ग्रंथी :-	बडलेल्या गाठ	जांघेतील	बगलेतील मानेतील इतर
१४) मूत्र व उत्सर्जन व्यवस्था :	कारंवार लघवी होणे		साखर जाणे इतर
१५) AIDS	(Aquire Immune Defficiency Syndrom)		

दर्गीकरण : अ

शेकडेवारी

ब

क

खास मते

व

शिकाऱ्या

दिनांक :

वैद्यकीय अधिकारी

*Ashok Kabra*  
DR. ASHOK KABRA  
M.F.A.M.  
Reg. No. J 8043  
DEULGAON RAJA 443 204



संत गाडगे बाबा अमरावती विद्यापीठ, अमरावती.

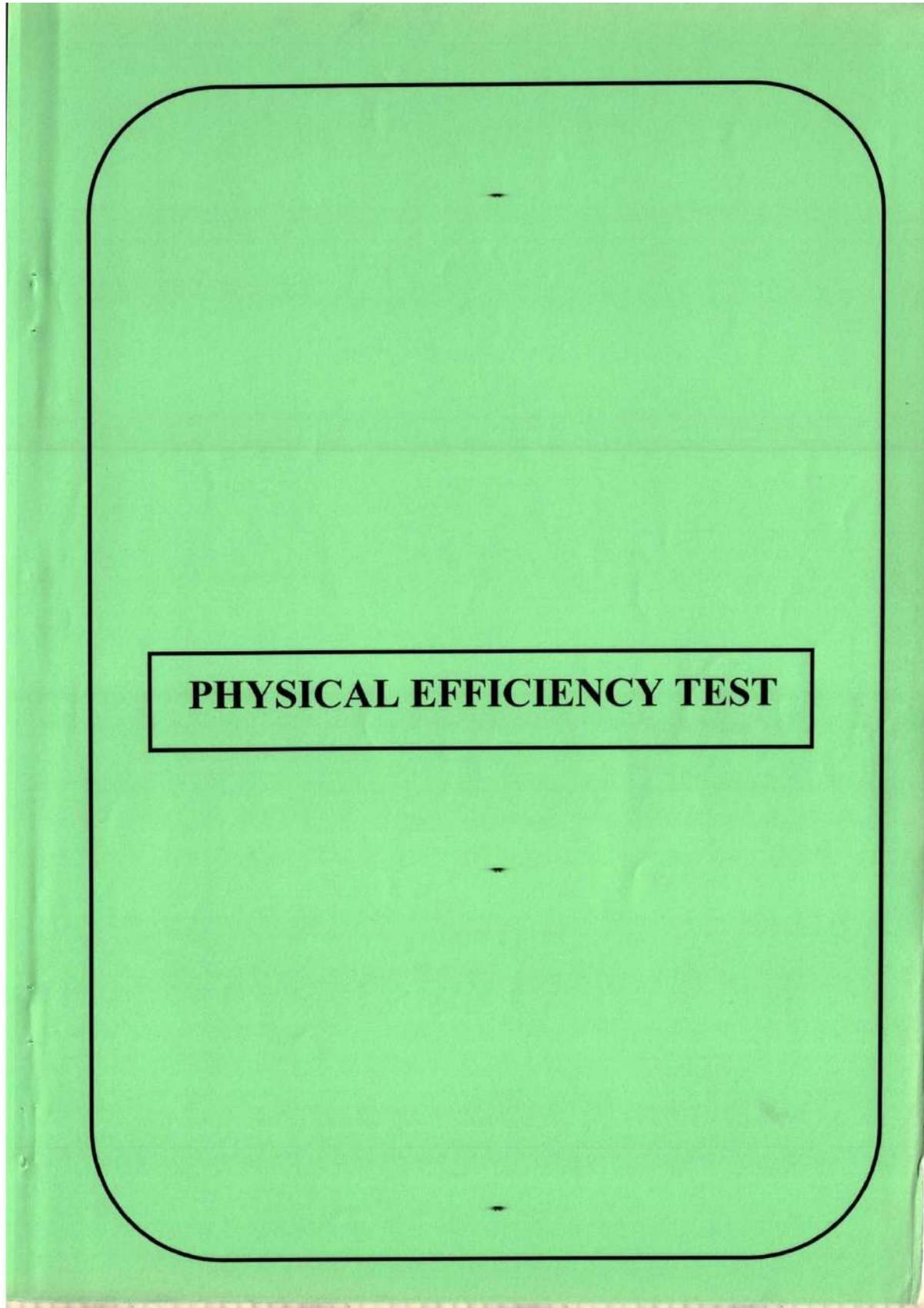
ST/GAD/623/or-45/97/1th  
Form No. 24

वैद्यकीय तपासणीचा अहवाल वर्ष २० -२०  
महाविद्यालय श्री लोकेश्वर, अशिल्ले व विहीर, अ.स. २-०५, वैद्यकीय अधिकारी डॉ. शे. अरुणा क. (पु.)  
तपासणी दिनांक पासून ते वर्ष २०१८-१९  
पदावरील विद्यार्थीनी ५२९ ४०७ तपासलेले विद्यार्थीनी ४३६ ३७७ नैरहजर ३०  
टिपणी

विवरित अविवहित	शाळाद्वारी मांसाहारी	निधी	
१) छातडीचे रोग:	शिरनी ६ बुरुस ३० एम्ब्रिना नायटे कोट उरुस कुठरीग इतर		३६
२) दंतचिकित्सा: दातावरील दुवा	अस्वच्छ १० दातादुन पू वेगे सडलेले कुजलेले १० हिरडयुये रोग इतर		२०
३) घसा व घशातील गाठी: वाढलेल्या / खराब / गाठ / गरसादाह		घशाचे विकास इतर	०
४) नाक:	हाड वाढलेले (वाकडा पडला) नेहमी झर्दी पडते होणे ५	सायनोसायनायटीस इतर	१५
५) दृष्टिकोण:	शुकीचा धम्मा धम्मा पाहिजे सुपण्या इतर		
६) कान:	संदोष एक वेगे पडदा कुठणे मळ इतर		०
७) श्यामीज वृद्धय:	घाती घडघडणे	अनियमितपणा इतर	०
८) कुपपूते:	(कुपपुसासावरणादाह)	दमा क्षय इतर	०
९) जी-म व पधनक्रिया:	अग्निमांघ १५ हगवण यकृत य प्रीहा याचे विकार	इतर	१५
१०) जननेंद्रिय व इतर:	स्वच्छतेबद्दल नियमावलीपणा १० गर्भी पारमा सूक्ष्मशोध अंतर्गळ वृणवृधवी इतर		१०
११) कण्ठसंस्थेचे विकार: फेजने	अपरस्मार	उन्मादवायू य इतर	०
१२) सांधे, हाडे:-	संदोष बसणे य उन्मत्त: दोष असणे कमताक्य संधीघात मार स्नायुणे इतर		०
१३) शंभी:-	बढलेल्या गाठ धायेतील बगलेतील मानेतील इतर		०
१४) मूत्र व उत्सर्जन व्यवस्था: वारंवार लघवी होणे		साखर जागे इतर	०
१५) खास विद्यार्थीनी करिता: मासिक पाळी सुल्ल होण्याची वय	१३	कमी जास्त त्रास होऊन इतर	
१६) AIDS (Acquire Immune Defficiency Syndrom)			

योगीकरण: अ  
ब  
क  
क्षास प्रते  
द  
शिफारसः  
दिनांक.

शेकडेवारी  
वैद्यकीय अधिकारी  
DR. ARUNA KABRA  
M.B.B.S.  
R.No.30207  
Deulgaon Raja-443 204



 Shri Balaji Sansthan Deulgaon Raja's  
**SHRI VYANKATESH ARTS, COMMERCE & SCIENCE COLLEGE**  
Deulgaon Raja - 443 204, Dist. Buldana (M.S.)  
NAAC RE-ACCREDITED AT 'B' LEVEL  
Affiliated to SGBAU, Amravati College Code No. 309 UGC Recog. U/S 2 (F) & 12 (B)  
☎ : 07261 - 232040 / 231475, Fax No. : 07261 - 231475  
E-mail : svcollege3@rediffmail.com / svacc309@sgbau.ac.in Website : www.svcdraja.org

PRINCIPAL'S CONTACT  
☎ : 07261 - (O) 231475, (R) 232131, Mob. 9422724790, 9048692021  
E-mail : drgbjadhao@rediffmail.com

Dr. G. B. Jadhav  
M.A., M.Phil., Ph.D.  
PRINCIPAL

Outward No. SVC/2018-19139/658

दिनांक :- 13 / 03 / 2019

प्रति,

मा. संचालक ,  
क्रीडा व शारीरिक शिक्षण मंडळ  
संत गाडगे बाबा अमरावती विद्यापीठ  
अमरावती.

विषय:- शारीरिक क्षमता चाचणी अहवाल सादर करणे बाबत.

महोदय,

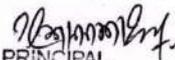
उपरोक्त विषयान्वये आपणास विनंतीपूर्वक कळविण्यात येते की, दि. ४, ५ व ६ फेब्रुवारी २०१९ दरम्यान विद्यार्थी व विद्यार्थिनींची शारीरिक क्षमता चाचणी घेण्यात आली. या चाचणीचा अहवाल या पत्रासोबत देण्यात येत आहे. या शारीरिक क्षमता चाचणीसाठी अंतर्गत परीक्षक म्हणून शारीरिक शिक्षण संचालक डॉ. किरण मोगरकर यांनी तर देऊळगावराजा क. विज्ञान महाविद्यालयाचे प्रा. एस. व्ही. मुळे यांनी बाह्य परीक्षक म्हणून काम पाहिले. क्वरीता अहवाल सादर करण्यात येत आहे.

सहपत्र:- शारीरिक क्षमता चाचणी अहवाल.

आपला

  
14/3/19

O/C

  
PRINCIPAL  
Shri Vyankatesh Arts, Comm &  
Science College, Deulgaon Raja  
Dist. Buldana, Pin-443204



श्री व्यंकटेश कला, वाणिज्य व विज्ञान महाविद्यालय, देऊळगाव राजा

शारीरिक क्षमता चाचणी अहवाल २०१८-१९

दिनांक ४,५ व ६ फेब्रुवारी २०१९ दरम्यान विद्यार्थी व विद्यार्थिनींची शारीरिक क्षमता चाचणी घेण्यात आली. या चाचणीचा अहवाल पुढील प्रमाणे देण्यात येत आहे. खालील उतारा चाचणीला हजर असलेले एकुण विद्यार्थी व विद्यार्थ्यांचे वर्गीकरण दर्शवितो. या शारीरिक क्षमता चाचणीसाठी अंतर्गत परीक्षक म्हणून डॉ. किरण मोगरकर यांनी तर बाह्य परीक्षक म्हणून प्रा. एस.व्ही.मुळे देऊळगाव राजा क. विज्ञान महाविद्यालय, दे.राजा. जि. बुलडाणा यांनी काम पाहिले.

वर्ग	एकुण विद्यार्थी	एकुण मुले	एकुण मुली	परीक्षेला हजर	
				मुले	मुली
बी.ए. प्रथम	१६८	११८	५०	९३	३०
बी.ए. द्वितीय	९३	५८	३५	४०	२०
बी.कॉम. प्रथम	६०	२६	३४	१९	१८
बी.कॉम. द्वितीय	६२	४२	२०	३०	१५
बी.एस्सी. प्रथम	१६२	१०३	५९	८०	४०
बी.एस्सी. द्वितीय	१३५	५२	८३	३२	६०

उत्तीर्ण विद्यार्थी

वर्ग	अ श्रेणी		ब श्रेणी	
	मुले	मुली	मुले	मुली
बी.ए. प्रथम	५६	१८	३७	१२
बी.ए. द्वितीय	३८	१०	३२	१०
बी.कॉम. प्रथम	२६	१२	१४	०६
बी.कॉम. द्वितीय	२२	०९	०८	०७
बी.एस्सी. प्रथम	४५	२३	३५	१७
बी.एस्सी. द्वितीय	२०	४८	१२	१२

सवलत प्राप्त विद्यार्थी

वर्ग	मुले	मुली
बी.ए. प्रथम	२५	२०
बी.ए. द्वितीय	१८	१५
बी.कॉम. प्रथम	०७	१६
बी.कॉम. द्वितीय	१२	०५
बी.एस्सी. प्रथम	२३	१९
बी.एस्सी. द्वितीय	२०	२३



अंतर्गत परीक्षक  
**Dr. K.V. Mogarkar**  
 Director of Sports & Physical Education  
 Shri Vyankatesh Arts, Comm. &  
 Science College, Deulgaon Raja



## Health Awareness Programme

REPORT  
2019-20

For the past fifty years, this college has been working of enlightenment. The professor here is doing the work of enlightenment with the words '**Shabde Vatu Dhan Jan Loka**'. Along with knowledge, the task of building a multi-faceted personality of the students is also done here. The college administration has endeavored to provide all facilities to the students in the college. The college has a huge library. The compartments have been made for each student to read. Common room for girls has been provided in the college. An indoor sports complex with state-of-the-art facilities has been made available for students to play. A quality Wooden Flooring Badminton Court has been provided in this indoor sports complex. A state-of-the-art gym has been made available. There are also various playgrounds available. Professors use sophisticated digital classroom to teach students. The health of students and professors is taken care of here as well. Every year, various programs like health check up, stress relief program, yoga and pranayama classes are held here. This year also various programs were organized in the college.

- **International Yoga Day (21 Jun 2019):**

Yoga gained place at the international level with initiative of prime minister Narendra Modi. Yoga day was celebrated internationally for the first time on June 21, 2015. Even in the college every year, International Yoga Day is celebrated since 2015. This year also the International Yoga Day was celebrated at the college. Yoga camp was organized at the college auditorium. Yoga camp was organized by Sports and Physical Education Department, NCC Department and NSS Department. Mr. Tayde guided in this yoga camp. Mr. Tayde is a Yoga teacher of shree Shivaji Highschool, Deulgaon Raja. All the teachers, office staff and students were present along with the respected principal Dr. G.B. Jadhav in this camp. Shri Tyade was informed about various asanas and demonstrated this time. On this occasion, the respected Principal gave importance to Yogasana. Dr. A.M. Awti expressed the intention of organizing this camp. At the end of Prof. B.U. Kale thanked the participants.

- **Blood Donation Camp on the occasion of death anniversary of Late Raje Rajendrasing Jadhav (30 Agust2019):**

Every year blood donation camp is organized in the college for the death anniversary of the founder president of the college Late Raje Rajendrasing Jadhav. This year also doctors and staff of Lokmanya Blood Bank came from Jalna. This year students from the college, students of NCC, students of NSS and professors donated blood. 110 students and 10 professors donated blood. First of all, the tomb was worshiped on the death anniversary of the late Raje rajendrasing Jadhav. Blood donation was started by paying tribute to the late Raja Saheb. Along with the students, some donors from the city donated blood. At this time Prof.



B.U.Kale explained to the attendees the purpose of the blood donation camp. Principal Jadhav said that since 2004 this blood donation has been organized. At the end of the program, Prof. Dr. V.R. Bansile thanked the blood donors.

- **AIDS Counseling and check-up camp (01 Dec. 2019):**

AIDS counseling and AIDS inspection camp was organized at the college on behalf of the college's NSS Department. Every year this program is organized in collaboration with the Rural Hospital, Deulgaon Raja. The event was organized on 1 December 2019. The chief guide of the program is Dr. Mante, an officer of the AIDS Investigation Department of the rural hospital, and the Dr. Khare was present. Dr. Mante and Dr. Khare raised awareness about AIDS among the students. He urged that all students should get an AIDS test, as it is desirable for all students to get AIDS test. The program was presided over by the Dr. G.B. Jadhav. In his presidential address, Dr Jadhav said that students should be aware of HIV. Therefore, all students should take their HIV test. In this camp, most students took their HIV test. Professor Balasaheb Kale and Professor Pandurang Pawar from the college also took the HIV test.

- **Yoga and Pranayama Camp (24 Dec. 2019):**

A special Yoga and Pranayamas camp was organized in December for college students. Shri Mukuldas Abhaykumar and Shri Nikhil Sharma were present as the guide of this camp. Both of these yoga teachers came from **Dev Culture University, Haridwar**. Both these yoga teachers explained the importance of yoga and pranayama to the students. Yoga teacher Shri Mukuldas demonstrated yoga, while yoga teacher Nikhil Sharma demonstrated pranayama, meditation and perception. After that, both yoga teachers interacted with students about Indian culture. Senior and junior college students attended the camp. Dr.Awti, Department of Political Science, was present as the Chairperson of this camp. He urged the students to do all yoga and pranayama daily in their presidential address. Dr. Mogarkar Director of Physical Education thanked the attendees.

- **A one day Workshop on 'Stress Management' (14 Jan. 2020):**

A stress management workshop is organized annually in the college, Under the guidance of Principal Dr. G.B. Jadhav, The camp is organize to provide guidance how to manage stress to college students, teachers and non-teaching staff. A one-day workshop on stress management was organized also this year. Shri Dnyaneshwar Mule, Clinical Psychologist, Civil Hospital, Buldana was present as the lead guide in this workshop. Mr. Siddharth Jadhav, Clinical Psychologist, Civil Hospital Buldana were also present along with him. Shri Siddhartha Jadhav gave guidance on how stress creates and how a person gets involved in the stress. Mr. Dnyaneshwar Muley explained the nature of stress in the many field. For example, the stress of the exam for the students, the target for the teachers, and the stress of the office work for the non teaching staff etc. He explained the adverse effects of this strain on the body. He explained the measures to reduce stress. He also elaborated on how meditation retention helps to relieve stress. Dr. Awti presided over the workshop. Dr. Bansile thanked the attendees.



- **Essay Competition on 'The Side Effects of Tobacco consumption ':**

On behalf of the Health Department of the Government of Maharashtra, an essay competition was organized on the topic 'side effects of tobacco consumption. Each civil hospital was given the responsibility of organizing this competition. Accordingly, the competition was organized on 4th February 2020 at the college level. A total of 25 students participated in this competition. The trophy and certificates were awarded to the first and second contestants on behalf of the Civil Hospital Buldana. The Department of Physical Education fulfilled the responsibility of carrying out this competition. All essays in the competition were evaluated by Professor Madhukar Jadhav of the Department of Marathi.

- **Health Check-up Camp:**

The college's physical education department organized a health check-up camp of the students every year. In this camp, Dr. Ashok Kabra conducts health checkups of male students. And Dr. Aruna Kabra conducts health check-ups of female students. This health check-up is mandatory for all students. A health check-up camp was organized from 5th to 7th March. At this camp, doctors took information about the health issues of the students and their health history. The doctor gave medical advice to the students and prescribed some medicines to the students. After the medical examination, the doctor prepared the report and presented it to the Hon. Principal.

- **Psychometrics test:**

Every year during the exam period, psychometric tests of the students are conducted. Presently, it is the time of examination for each student. So how will the exam be, will our study be completed till the exam? Students will be worried about many questions. Therefore, according to the orders of the respected principals, decided to take the psychometric test of the students. A questionnaire was prepared with the help of psychiatrists. The questionnaire was consisted of four options. The students to give the right tick on which option they find most appropriate at the present time. Such suggestions were made. Accordingly the students solved the questionnaires. A total of 12 questions were asked for this questionnaire. Each question was given a maximum of 3 marks. This was a total of 36 marks. Their stress level was determined based on the score obtained. Stress was classified into three areas. Stress levels are normal for students who get points 0 to 15. Stress levels are critical for students earning 16 to 25 points. So the stress level of the students who get 26 to 36 points is very serious.

This test was given by fifty male students and fifty female students. The data obtained from this test were analyzed. According to the analysis, it was found that 44 out of the total students, i.e. 88% of the students, were found to have a normal stress level. Similarly, the stress level of 48 of the female students (96%) was normal. Of the total male students, 6(12%) were found to be in severe stress levels. Also, 2 (4%) of the total female students



were found to have severe stress levels. But fortunately no student was found to be in severe stress level. A report on this analysis was prepared and presented to the Hon. Principal

\*\*\*\* \*\*



Yoga teacher Shri Mukuldas Abhayakumar, Dev Sanskruti Uni. Haridwar, demonstrating to students about chakrasana.





Yoga teacher Shri Mukuldas Abhayakumar, Deva Culture University, Haridwar, while demonstrating meditation for the students.



Students practicing meditation practice.





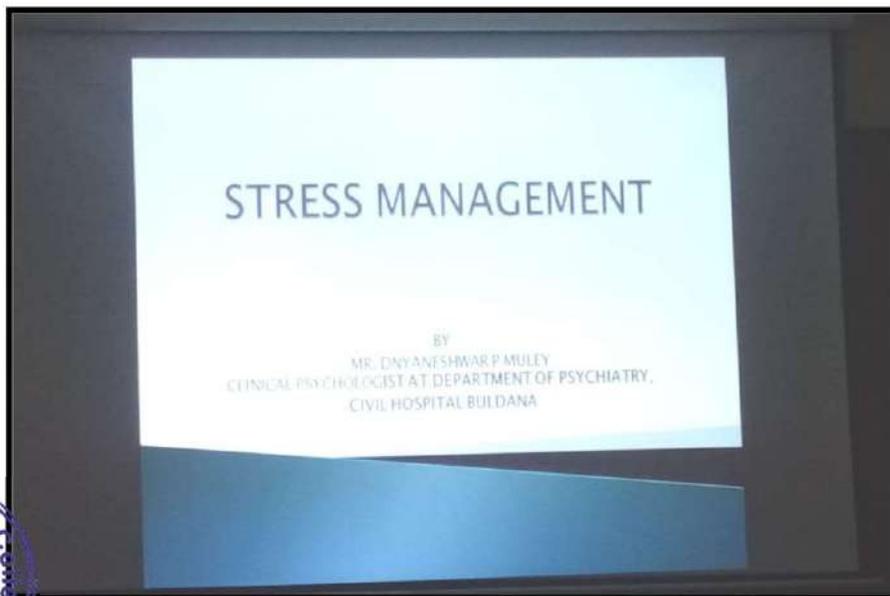
Students practicing meditation practice.



Prof. D.M. Shimbre while anchoring a one-day workshop on stress management. Along with Dr. A.M. Awti, Shri. Dnyaneshwar muley (Clinical psychologist) and Dr. Mogarkar.



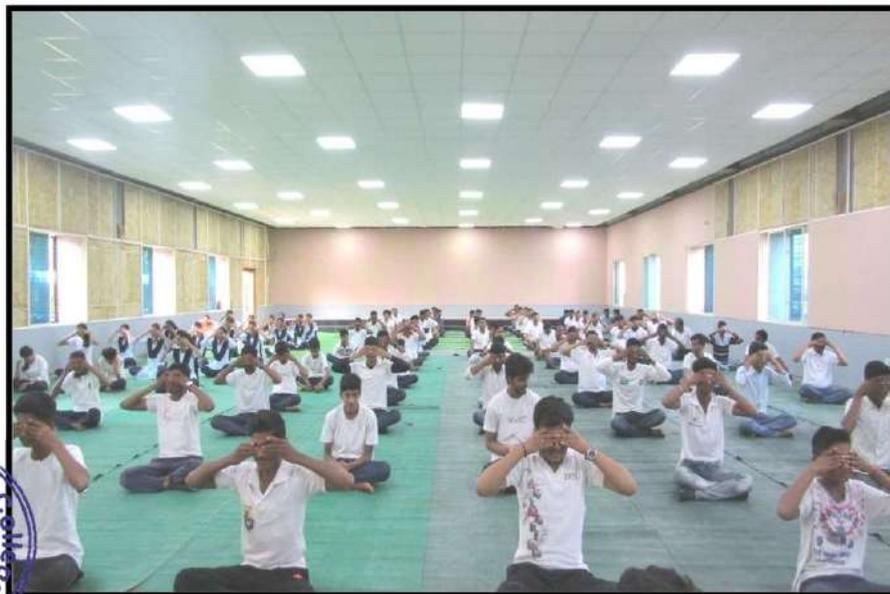
Students attending a one-day workshop on stress management.



Mr. Dnyaneshwar Muley ( Clinical Psychologist) guided the students on stress management through PPT.



Mr. Dnyaneshwar Muley ( Clinical Psychologist) guided the students on stress management through PPT.



Students practicing in a one-day yoga workshop organized by the college on the occasion of International Yoga Day.



Students practicing in a one-day yoga workshop organized by the college on the occasion of International Yoga Day.



Students practicing in a one-day yoga workshop organized by the college on the occasion of International Yoga Day.



Students practicing in a one-day yoga workshop organized by the college on the occasion of International Yoga Day.



Students donated blood at a blood donation camp on the occasion of Founding President of the college, the late Raje Rajendra Singh Jadhav organized in memory. Including Professor Kale.



Students donated blood at a blood donation camp on the occasion of Founding President of the college, the late Raje Rajendra Singh Jadhav organized in memory. Including Prof.Kale.



Students donated blood at a blood donation camp on the occasion of Founding President of the college, the late Raje Rajendra Singh Jadhav organized in memory. Including Prof.Kale.



Prof. Kadam, Prof. Kale, Prof. Chavan, Prof. Pawar, Prof. Shegokar, Prof. Kanwate etc., along with doctors and staff of Lokmanya Blood Bank, Jalna.



College students while conducting their inspections in AIDS inspection camps organized by the department of N.S.S.



Girls while conducting their inspections in AIDS inspection camps organized by the department of N.S.S.



Prof. P.B. Pawar while conducting inspection at AIDS inspection camp.



Prof. B.U. Kale while conducting inspection at AIDS inspection camp.



NSS Officers Prof. Balasaheb Kale, Prof. Amol Jadhav and Prof. Tambade Sir present in blood donation camp organized at a special camp organized by the department of N.S.S.



Dr. Ashok Kabra examining the students in a medical examination camp organized by the Sports and Physical Education Department.



Dr. Ashok Kabra examining the students in a medical examination camp organized by the Sports and Physical Education Department.



Dr. Ashok Kabra examining the students in a medical examination camp organized by the Sports and Physical Education Department.



Dr. Ashok Kabra examining the students in a medical examination camp organized by the Sports and Physical Education Department.



Students present for a medical examination on the occasion of medical check-up camp.



Dr. Sau. Arun Kabra doing Medical examination of girls on the occasion of medical check-up camp held at college.



Girls present for a medical examination on the occasion of medical check-up camp.



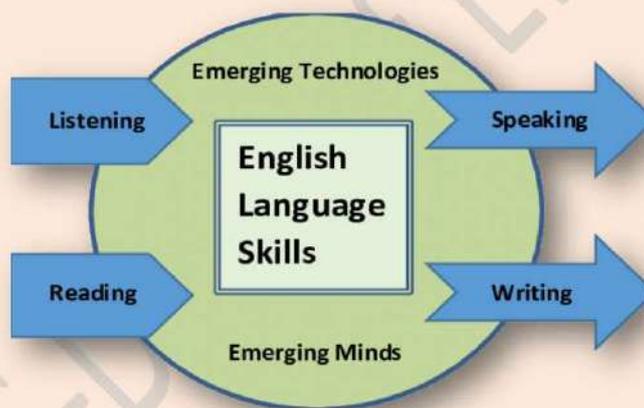


Shri Vyankatesh Arts, Commerce & Science College  
Deulgaon Raja Dist. Buldhana  
Dept. of English

A Report of

**One Day National Level Webinar on  
“Developing English Language Skills”**

**(Thursday, 13<sup>th</sup> March, 2021)**



Organized by

DEPARTMENT OF ENGLISH

SHRI VYANKATESH ARTS, COMMERCE AND SCIENCE COLLEGE  
Deulgaon Raja Dist. Buldana-443204(M.S.)



2019-20



**A Brief Overview on: One Day National Level Webinar on “Developing English Language Skills”:**

**Date:** March 13, 2021

**Organizers:** Department of English Shri Vyankatesh Art's, Commerce & Science College

**Keynote Speakers:** Dr. Darwarsingh Patil

**Mode:** Online

**Time:** 2:00 PM onwards

**Total Participants:** Over 500 across the various states of India

**Objective:** The webinar aimed to explore recent advancements and techniques to develop English language skills.

**Distinguished Speakers:**

Dr. Darwardingh Patil is a distinguished professor of English renowned for his expertise in, language and literature with a career spanning decade; his scholarly contributions have significantly enriched the field of English studies. Known for his insightful analysis and engaging teaching style, Dr. Patil inspires students and fellow academics alike.

**Audience Engagement:** Over 500 participants from different states of India actively participated in the webinar, showcasing a keen interest in the topics discussed.

Insights Shared: The speakers shared valuable insights into the latest developments.

**Networking Opportunities:** The webinar provided a platform for participants to connect, interact, and exchange ideas with experts and peers from across the country.

**Conclusion:**

This national-level webinar has provided valuable insights and strategies for enhancing English language proficiency. We have explored various techniques, from vocabulary building to pronunciation practice that can significantly contribute to effective communication in English. Language learning is a journey that requires dedication, persistence, and an open mind.

Let's embrace every opportunity to engage with the English language, whether through reading, listening, speaking, or writing. Let's leverage the plethora of resources available, from online courses to language exchange platforms, to further develop our skills.



**Parton**

Hon. Raja VijaysinghJadhao  
Hereditary Trustee, Shri Balaji Santhan, Deulgaon Raja  
President, Shri Vyankatesh Art's, commerce & Science College, Deulgaon Raja

**Inaugurator**

Dr. D.V. Gore  
Principal, Shri Vyankatesh Art's, commerce & Science College, Deulgaon Raja

**Resources Person**

Hon. Dr.Darwarsingh Patil  
Professor of English

**Coordinator**

Dr. S.D.Chavan  
Head, Dept. of English, Shri Vyankatesh Art's, commerce & Science College, Deulgaon Raja

**Member**

Dr. E.B. Bhalerao  
Member Dept. of English



**Member**

Dr. J.D. Dhokle  
Member Dept. of English





Dr. S.D. Chavan making his Impression during National level webinar on Developing English Language Skills





Dr. Darwarsing Patil delivering Key note address during National level webinar on Developing English Language Skills





WHAT IS LANGUAGE

- Language as a means of communication
- Language as a set of human habits
- The purpose of which is to give expression to our thoughts and feelings

zoom

**Online workshop on Developing English Language Skills**





Dr. E. B. Bhalerao During the National level webinar on Developing English Language Skills





Discussion on the topic during National Webinar

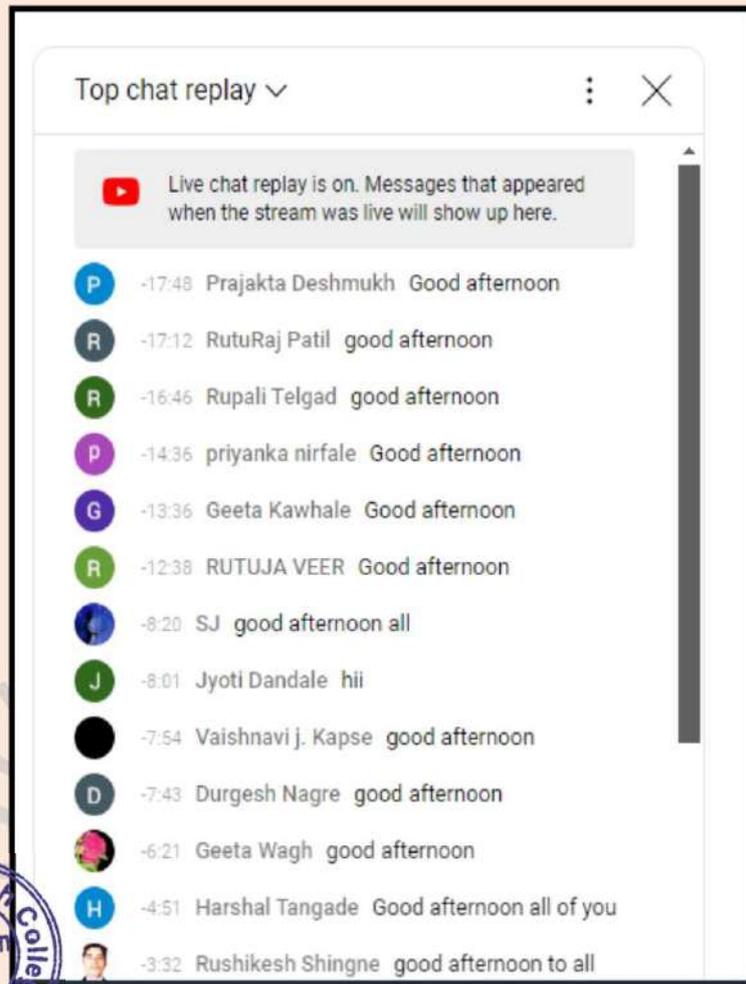




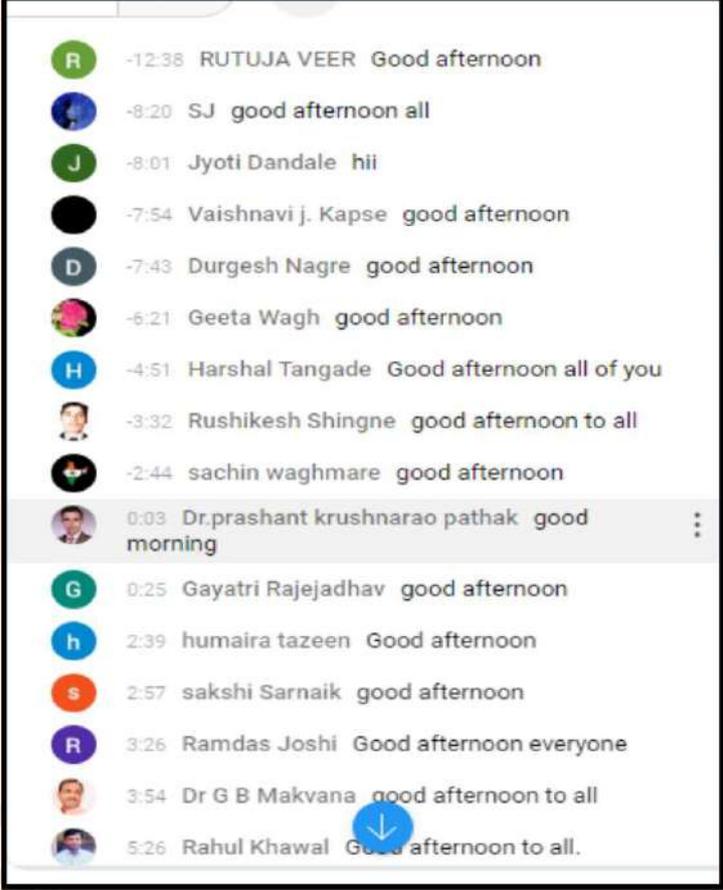
Dr. J. D. Dhokale compelling the National level webinar on Developing English Language Skills



Participants



Participants

- 
- A screenshot of a WhatsApp chat conversation. The chat is titled "Participants" and shows a list of messages from various participants. The messages are as follows:
- R -12:38 RUTUJA VEER Good afternoon
  - SJ -8:20 SJ good afternoon all
  - Jyoti Dandale -8:01 Jyoti Dandale hii
  - Vaishnavi j. Kapse -7:54 Vaishnavi j. Kapse good afternoon
  - Durgesh Nagre -7:43 Durgesh Nagre good afternoon
  - Geeta Wagh -6:21 Geeta Wagh good afternoon
  - Harshal Tangade -4:51 Harshal Tangade Good afternoon all of you
  - Rushikesh Shingne -3:32 Rushikesh Shingne good afternoon to all
  - sachin waghmare -2:44 sachin waghmare good afternoon
  - Dr.prashant krushnarao pathak 0:03 Dr.prashant krushnarao pathak good morning
  - Gayatri Rajejadhav 0:25 Gayatri Rajejadhav good afternoon
  - humaira tazeen 2:39 humaira tazeen Good afternoon
  - sakshi Sarnaik 2:57 sakshi Sarnaik good afternoon
  - Ramdas Joshi 3:26 Ramdas Joshi Good afternoon everyone
  - Dr G B Makvana 3:54 Dr G B Makvana good afternoon to all
  - Rahul Khawal 5:26 Rahul Khawal Good afternoon to all.





Web link: <https://www.youtube.com/watch?v=6wEkVPO6V2o>

